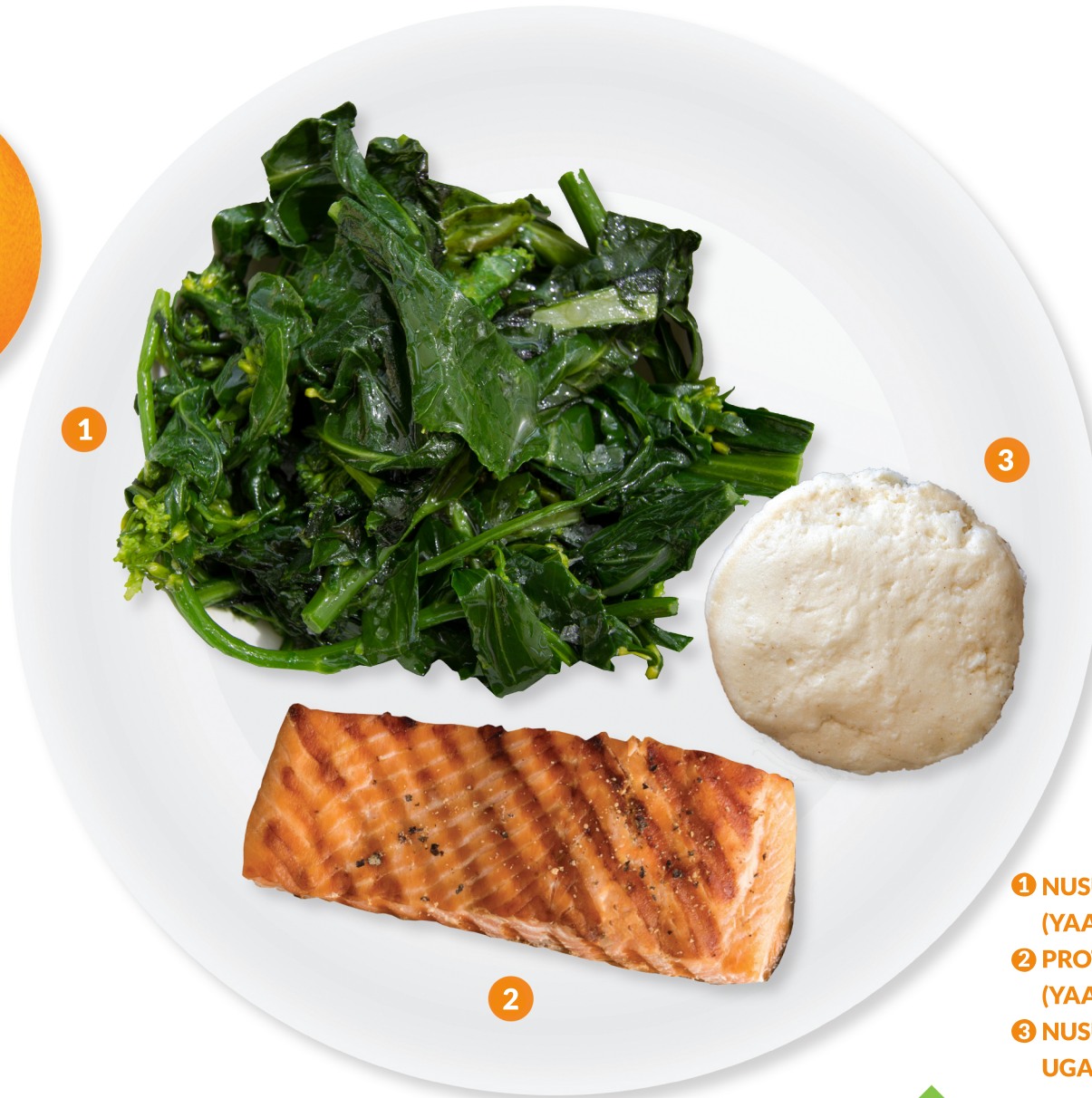
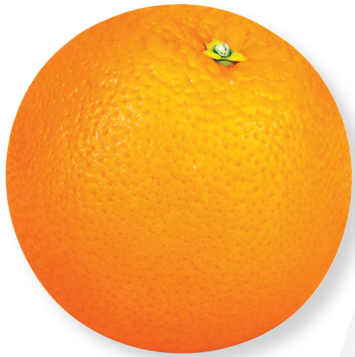


MLO WANGU KAMILI: UTAMADUNI WA KI-AFRIKA

(SWAHILI)



- ① NUSU YA SAHANI: MBOGA ZA MAJANI (YAANI ZILIZOPIKIWA)
- ② PROTINI NUSU YA NUSU YA SAHANI (YAANI KUKU AO SAMAKI)
- ③ NUSU YA SAHANI YA UWANGA (YAANI UGALI AO FUFU)